

Feryn Sprint Cup 26: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Coachinfo: Warming up from: 08:00 untill 09:25. Teamleadmeeting @ 08:45 The listed starttimes are indicative!

Coaches: Segers Ellen HEADCOACH

Coaches: Cobbaert Griet

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M MEDLEY WOMEN 11+					Heat:2, starttime: 09:32
Heat: 2/8 Lane : 1 Athlete: VAN DER VEKEN LARA					Q-time: 01:37:39
PB (25m pool): 01:37.39 Liedekerke 11/11/2025 PB (50m pool): no time SB: 01:37.39 Liedekerke 11/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:37.39	
	no time				
					

Coach feedback:

Event number: 1: 100M MEDLEY WOMEN 11+					Heat:3, starttime: 09:34
Heat: 3/8 Lane : 3 Athlete: BIESEMANS JANA					Q-time: 01:26:25
PB (25m pool): 01:26.25 Kapelle-op-den-Bos 21/04/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:26.25	
	no time				
					

Coach feedback:

Event number: 1: 100M MEDLEY WOMEN 11+					Heat:3, starttime: 09:34
Heat: 3/8 Lane : 4 Athlete: HEREMANS DITTE					Q-time: 01:26:48
PB (25m pool): 01:26.48 Kapelle-op-den-Bos 21/04/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:26.48	
	no time				
					

Coach feedback:

Feryn Sprint Cup 26: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 1: 100M MEDLEY WOMEN 11+					Heat:3, starttime: 09:34
Heat: 3/8 Lane : 6 Athlete: MUYLEAERT YAELE					Q-time: 01:29:93
PB (25m pool): 01:29.93 Kapelle-op-den-Bos 21/04/2025 PB (50m pool): no time SB: 01:29.97 Temse 21/12/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:29.93	
	no time				
					

Coach feedback:

Event number: 1: 100M MEDLEY WOMEN 11+					Heat:4, starttime: 09:36
Heat: 4/8 Lane : 1 Athlete: DE BISSCHOP DIEDE					Q-time: 01:25:62
PB (25m pool): 01:19.71 De Druppelteen 16/04/2023 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:19.71	
	no time				
					

Coach feedback:

Event number: 1: 100M MEDLEY WOMEN 11+					Heat:4, starttime: 09:36
Heat: 4/8 Lane : 4 Athlete: DE GEYTER ILANA					Q-time: 01:23:34
PB (25m pool): 01:22.13 Liedekerke 01/05/2023 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:22.13	
	no time				
					

Coach feedback:

Event number: 1: 100M MEDLEY WOMEN 11+					Heat:4, starttime: 09:36
Heat: 4/8 Lane : 6 Athlete: VEIRMAN LOTTE					Q-time: 01:25:89
PB (25m pool): 01:25.89 Kapelle-op-den-Bos 21/04/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:25.89	
	no time				
					

Coach feedback:

Feryn Sprint Cup 26: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 1: 100M MEDLEY WOMEN 11+					Heat:5, starttime: 09:38
Heat: 5/8 Lane : 1 Athlete: VAN LIERDE LANA					Q-time: 01:21:72
PB (25m pool): 01:21.60 Liedekerke 03/11/2024					PB (50m pool): no time SB: 01:23.78 LEUVEN 22/02/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:21.60	
	no time				
					

Coach feedback:

Event number: 1: 100M MEDLEY WOMEN 11+					Heat:5, starttime: 09:38
Heat: 5/8 Lane : 2 Athlete: BOMBAERT MILLA					Q-time: 01:21:24
PB (25m pool): 01:21.24 Liedekerke 01/05/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:21.24	
	no time				
					

Coach feedback:

Event number: 1: 100M MEDLEY WOMEN 11+					Heat:5, starttime: 09:38
Heat: 5/8 Lane : 4 Athlete: DE BISSCHOP LISSE					Q-time: 01:19:01
PB (25m pool): 01:19.01 Hannuit 18/01/2025					PB (50m pool): no time SB: 01:21.06 Ternat 29/03/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:19.01	
	no time				
					

Coach feedback:

Event number: 1: 100M MEDLEY WOMEN 11+					Heat:6, starttime: 09:40
Heat: 6/8 Lane : 2 Athlete: DEROOST BEAU					Q-time: 01:17:07
PB (25m pool): 01:17.07 Ternat 29/03/2026					PB (50m pool): no time SB: 01:17.07 Ternat 29/03/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:17.07	
	no time				
					

Coach feedback:

Feryn Sprint Cup 26: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 1: 100M MEDLEY WOMEN 11+					Heat:7, starttime: 09:42
Heat: 7/8 Lane : 1 Athlete: LANDRIEU NORA					Q-time: 01:13:84
PB (25m pool): 01:13.84 Kapelle-op-den-Bos 21/04/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:13.84	
	no time				
					

Coach feedback:

Event number: 1: 100M MEDLEY WOMEN 11+					Heat:8, starttime: 09:44
Heat: 8/8 Lane : 1 Athlete: VERROKEN MIRTE					Q-time: 01:10:14
PB (25m pool): 01:06.96 De Druppelteen 16/04/2023 PB (50m pool): no time SB: 01:11.20 Liedekerke 11/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:06.96	
	no time				
					

Coach feedback:

Event number: 1: 100M MEDLEY WOMEN 11+					Heat:8, starttime: 09:44
Heat: 8/8 Lane : 2 Athlete: DONIN MANON					Q-time: 01:08:70
PB (25m pool): 01:08.70 Leuven 23/02/2025 PB (50m pool): no time SB: 01:10.79 Stedelijk Zwembad Geel 15/02/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:08.70	
	no time				
					

Coach feedback:

Event number: 1: 100M MEDLEY WOMEN 11+					Heat:8, starttime: 09:44
Heat: 8/8 Lane : 5 Athlete: DE BACKER BIRGIT					Q-time: 01:10:01
PB (25m pool): 01:10.01 Liedekerke 01/05/2025 PB (50m pool): no time SB: 01:10.38 Sint-Pieters-Leeuw 05/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:10.01	
	no time				
					

Coach feedback:

Feryn Sprint Cup 26: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 2: 100M MEDLEY MEN 11+					Heat:1, starttime: 09:46
Heat: 1/11 Lane : 2 Athlete: BOMBAERT LOUIS					Q-time: 99:99:99
PB (25m pool): 01:28.87 Ternat 26/12/2024					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:28.87	
	no time				
					

Coach feedback:

Event number: 2: 100M MEDLEY MEN 11+					Heat:3, starttime: 09:51
Heat: 3/11 Lane : 6 Athlete: LUBOWICKI OLIVIER					Q-time: 99:99:99
PB (25m pool): 01:37.55 Liedekerke 03/11/2024					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:37.55	
	no time				
					

Coach feedback:

Event number: 2: 100M MEDLEY MEN 11+					Heat:5, starttime: 09:55
Heat: 5/11 Lane : 5 Athlete: BLOMMAERTS MATHIS					Q-time: 01:32:45
PB (25m pool): 01:32.45 Liedekerke 11/11/2025					PB (50m pool): no time SB: 01:32.45 Liedekerke 11/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:32.45	
	no time				
					

Coach feedback:

Event number: 2: 100M MEDLEY MEN 11+					Heat:5, starttime: 09:55
Heat: 5/11 Lane : 6 Athlete: VAN HOUCKE XANDER					Q-time: 01:36:83
PB (25m pool): 01:36.83 Liedekerke 11/11/2025					PB (50m pool): no time SB: 01:36.83 Liedekerke 11/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:36.83	
	no time				
					

Coach feedback:

Feryn Sprint Cup 26: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 2: 100M MEDLEY MEN 11+					Heat:7, starttime: 09:59
Heat: 7/11 Lane : 3 Athlete: VAN HOUCKE QUINTEN					Q-time: 01:16:83
PB (25m pool): 01:16.83 Liedekerke 01/05/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:16.83	
	no time				
					

Coach feedback:

Event number: 2: 100M MEDLEY MEN 11+					Heat:8, starttime: 10:01
Heat: 8/11 Lane : 4 Athlete: TURF SANDER					Q-time: 01:13:29
PB (25m pool): 01:13.29 Ternat 29/03/2026 PB (50m pool): no time SB: 01:13.29 Ternat 29/03/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:13.29	
	no time				
					

Coach feedback:

Event number: 2: 100M MEDLEY MEN 11+					Heat:9, starttime: 10:03
Heat: 9/11 Lane : 5 Athlete: DE BACKER BRENT					Q-time: 01:11:86
PB (25m pool): 01:11.86 Kapelle-op-den-Bos 21/04/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:11.86	
	no time				
					

Coach feedback:

Event number: 2: 100M MEDLEY MEN 11+					Heat:9, starttime: 10:03
Heat: 9/11 Lane : 6 Athlete: VOLCKAERT THOMAS					Q-time: 01:12:36
PB (25m pool): 01:12.36 Zaventem 15/07/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:12.36	
	no time				
					

Coach feedback:

Feryn Sprint Cup 26: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 2: 100M MEDLEY MEN 11+					Heat:10, starttime: 10:04
Heat: 10/11 Lane : 1 Athlete: DE PEYPER MATS					Q-time: 01:07:75
PB (25m pool): 01:07.75 Hannuit 29/11/2025 PB (50m pool): no time SB: 01:07.75 Hannuit 29/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:07.75	
	no time				
					

Coach feedback:

Event number: 2: 100M MEDLEY MEN 11+					Heat:10, starttime: 10:04
Heat: 10/11 Lane : 4 Athlete: PERSOONS EMIEL					Q-time: 01:06:46
PB (25m pool): 01:06.46 Zaventem 15/07/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:06.46	
	no time				
					

Coach feedback:

Event number: 2: 100M MEDLEY MEN 11+					Heat:11, starttime: 10:06
Heat: 11/11 Lane : 1 Athlete: DE PEYPER NOAH					Q-time: 01:03:14
PB (25m pool): 01:03.14 Hannuit 18/01/2025 PB (50m pool): no time SB: 01:05.30 Sint-Pieters-Leeuw 05/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:03.14	
	no time				
					

Coach feedback:

Event number: 2: 100M MEDLEY MEN 11+					Heat:11, starttime: 10:06
Heat: 11/11 Lane : 3 Athlete: VOLCKAERT MATTHIAS					Q-time: 01:01:38
PB (25m pool): 01:01.38 Hannuit 18/01/2025 PB (50m pool): no time SB: 01:01.44 Gent 09/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:01.38	
	no time				
					

Coach feedback:

Feryn Sprint Cup 26: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 2: 100M MEDLEY MEN 11+					Heat:11, starttime: 10:06
Heat: 11/11 Lane : 4 Athlete: VERROKEN GERBEN					Q-time: 01:02:07
PB (25m pool): 01:02.07 Kapelle-op-den-Bos 21/04/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:02.07	
	no time				
					

Coach feedback:

Event number: 4: 50M BUTTERFLY WOMEN 11+					Heat:3, starttime: 10:42
Heat: 3/7 Lane : 3 Athlete: DE GEYTER ILANA					Q-time: 00:40:23
PB (25m pool): 00:37.75 Zwembad De Wauwer 07/01/2024 PB (50m pool): 00:39.89 SB: 00:40.23 Dilbeek 28/09/2025					
	2 5 M	5 0 M			
PB		00:37.75			
	00:37.75				
					

Coach feedback:

Event number: 4: 50M BUTTERFLY WOMEN 11+					Heat:4, starttime: 10:43
Heat: 4/7 Lane : 1 Athlete: MUYLAERT YAELE					Q-time: 00:38:71
PB (25m pool): 00:38.71 Dilbeek 28/09/2025 PB (50m pool): 00:39.21 SB: 00:38.71 Dilbeek 28/09/2025					
	2 5 M	5 0 M			
PB		00:38.71			
	00:38.71				
					

Coach feedback:

Event number: 4: 50M BUTTERFLY WOMEN 11+					Heat:4, starttime: 10:43
Heat: 4/7 Lane : 3 Athlete: DEROOST BEAU					Q-time: 00:35:53
PB (25m pool): 00:35.53 Leuven 12/10/2025 PB (50m pool): 00:34.37 SB: 00:35.53 Leuven 12/10/2025					
	2 5 M	5 0 M			
PB		00:35.53			
	00:35.53				
					

Coach feedback:

Feryn Sprint Cup 26: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 4: 50M BUTTERFLY WOMEN 11+			Heat:4, starttime: 10:43
Heat: 4/7 Lane : 6 Athlete: VEIRMAN LOTTE			Q-time: 00:39:61
PB (25m pool): 00:39.61 Liedekerke 01/05/2025			PB (50m pool): 00:38.98 SB: no time
	2 5 M	5 0 M	
PB		00:39.61	
	00:39.61		
			

Coach feedback:

Event number: 4: 50M BUTTERFLY WOMEN 11+			Heat:5, starttime: 10:44
Heat: 5/7 Lane : 1 Athlete: VAN LIERDE LANA			Q-time: 00:35:45
PB (25m pool): 00:35.45 Hannuit 18/01/2025			PB (50m pool): 00:35.89 SB: 00:37.17 LEUVEN. 22/02/2026
	2 5 M	5 0 M	
PB		00:35.45	
	00:35.45		
			

Coach feedback:

Event number: 4: 50M BUTTERFLY WOMEN 11+			Heat:6, starttime: 10:45
Heat: 6/7 Lane : 1 Athlete: LANDRIEU NORA			Q-time: 00:32:62
PB (25m pool): 00:32.62 LEUVEN 23/11/2025			PB (50m pool): 00:32.00 SB: 00:32.62 LEUVEN 23/11/2025
	2 5 M	5 0 M	
PB		00:32.62	
	00:32.62		
			

Coach feedback:

Event number: 4: 50M BUTTERFLY WOMEN 11+			Heat:7, starttime: 10:46
Heat: 7/7 Lane : 1 Athlete: DONIN MANON			Q-time: 00:30:53
PB (25m pool): 00:30.53 Hannuit 18/01/2025			PB (50m pool): 00:31.17 SB: no time
	2 5 M	5 0 M	
PB		00:30.53	
	00:30.53		
			

Coach feedback:

Feryn Sprint Cup 26: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 4: 50M BUTTERFLY WOMEN 11+			Heat:7, starttime: 10:46
Heat: 7/7 Lane : 2 Athlete: DE BACKER BIRGIT			Q-time: 00:30:36
PB (25m pool): 00:30.36 Leuven 23/02/2025			PB (50m pool): 00:30.60 SB: 00:30.37 Leuven 12/10/2025
	2 5 M	5 0 M	
PB		00:30.36	
		00:30.36	
			

Coach feedback:

Event number: 4: 50M BUTTERFLY WOMEN 11+			Heat:7, starttime: 10:46
Heat: 7/7 Lane : 6 Athlete: VERROKEN MIRTE			Q-time: 00:31:17
PB (25m pool): 00:31.17 Leuven 23/02/2025			PB (50m pool): 00:32.90 SB: 00:32.28 Dilbeek 28/09/2025
	2 5 M	5 0 M	
PB		00:31.17	
		00:31.17	
			

Coach feedback:

Event number: 5: 50M BUTTERFLY MEN 11+			Heat:2, starttime: 10:49
Heat: 2/7 Lane : 4 Athlete: BLOMMAERTS MATHIS			Q-time: 00:44:17
PB (25m pool): 00:44.17 Liedekerke 01/05/2025			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:44.17	
		00:44.17	
			

Coach feedback:

Event number: 5: 50M BUTTERFLY MEN 11+			Heat:3, starttime: 10:50
Heat: 3/7 Lane : 3 Athlete: VAN HOUCKE QUINTEN			Q-time: 00:35:42
PB (25m pool): 00:35.31 Kapelle-op-den-Bos 14/04/2024			PB (50m pool): 00:35.42 SB: no time
	2 5 M	5 0 M	
PB		00:35.31	
		00:35.31	
			

Coach feedback:

Feryn Sprint Cup 26: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 5: 50M BUTTERFLY MEN 11+			Heat:3, starttime: 10:50
Heat: 3/7 Lane : 5 Athlete: LUBOWICKI OLIVIER			Q-time: 00:39:39
PB (25m pool): 00:39.39 Liedekerke 01/05/2025			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:39.39	
		00:39.39	
			

Coach feedback:

Event number: 5: 50M BUTTERFLY MEN 11+			Heat:4, starttime: 10:51
Heat: 4/7 Lane : 2 Athlete: BOMBAERT LOUIS			Q-time: 00:33:54
PB (25m pool): 00:33.54 Aarschot 28/07/2025			PB (50m pool): 00:33.00 SB: no time
	2 5 M	5 0 M	
PB		00:33.54	
		00:33.54	
			

Coach feedback:

Event number: 5: 50M BUTTERFLY MEN 11+			Heat:5, starttime: 10:53
Heat: 5/7 Lane : 2 Athlete: DE BACKER BRENT			Q-time: 00:31:24
PB (25m pool): 00:33.53 Ternat 26/12/2024			PB (50m pool): 00:31.24 SB: no time
	2 5 M	5 0 M	
PB		00:33.53	
		00:33.53	
			

Coach feedback:

Event number: 5: 50M BUTTERFLY MEN 11+			Heat:6, starttime: 10:54
Heat: 6/7 Lane : 2 Athlete: PERSOONS EMIEL			Q-time: 00:29:29
PB (25m pool): 00:29.29 Dilbeek 28/09/2025			PB (50m pool): 00:29.39 SB: 00:29.29 Dilbeek 28/09/2025
	2 5 M	5 0 M	
PB		00:29.29	
		00:29.29	
			

Coach feedback:

Feryn Sprint Cup 26: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 5: 50M BUTTERFLY MEN 11+			Heat:6, starttime: 10:54
Heat: 6/7 Lane : 5 Athlete: VOLCKAERT THOMAS			Q-time: 00:29:61
PB (25m pool): 00:29.61 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 00:29.54 SB: 00:29.61 Stedelijk Zwembad Geel 15/02/2026			
	2 5 M	5 0 M	
PB		00:29.61	
	00:29.61		
			

Coach feedback:

Event number: 5: 50M BUTTERFLY MEN 11+			Heat:7, starttime: 10:55
Heat: 7/7 Lane : 1 Athlete: DE PEYPER NOAH			Q-time: 00:27:73
PB (25m pool): 00:27.73 Hannuit 18/01/2025 PB (50m pool): 00:29.05 SB: no time			
	2 5 M	5 0 M	
PB		00:27.73	
	00:27.73		
			

Coach feedback:

Event number: 5: 50M BUTTERFLY MEN 11+			Heat:7, starttime: 10:55
Heat: 7/7 Lane : 5 Athlete: VOLCKAERT MATTHIAS			Q-time: 00:27:57
PB (25m pool): 00:27.57 Leuven 23/02/2025 PB (50m pool): 00:27.43 SB: no time			
	2 5 M	5 0 M	
PB		00:27.57	
	00:27.57		
			

Coach feedback:

Event number: 7: 50M BACKSTROKE WOMEN 11+			Heat:1, starttime: 11:13
Heat: 1/6 Lane : 2 Athlete: VAN DER VEKEN LARA			Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Feryn Sprint Cup 26: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 7: 50M BACKSTROKE WOMEN 11+			Heat:1, starttime: 11:13
Heat: 1/6 Lane : 3 Athlete: DE BISSCHOP DIEDE			Q-time: 99:99:99
PB (25m pool): 00:38.97 Ternat 26/03/2023			PB (50m pool): 00:40.38 SB: no time
	2 5 M	5 0 M	
PB		00:38.97	
		00:38.97	
			

Coach feedback:

Event number: 7: 50M BACKSTROKE WOMEN 11+			Heat:3, starttime: 11:17
Heat: 3/6 Lane : 3 Athlete: DE BISSCHOP LISSE			Q-time: 00:38:72
PB (25m pool): 00:38.72 Dilbeek 28/09/2025			PB (50m pool): 00:41.15 SB: 00:38.72 Dilbeek 28/09/2025
	2 5 M	5 0 M	
PB		00:38.72	
		00:38.72	
			

Coach feedback:

Event number: 7: 50M BACKSTROKE WOMEN 11+			Heat:3, starttime: 11:17
Heat: 3/6 Lane : 6 Athlete: VEIRMAN LOTTE			Q-time: 00:41:12
PB (25m pool): 00:41.12 Hannuit 18/01/2025			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:41.12	
		00:41.12	
			

Coach feedback:

Event number: 7: 50M BACKSTROKE WOMEN 11+			Heat:4, starttime: 11:18
Heat: 4/6 Lane : 1 Athlete: HEREMANS DITTE			Q-time: 00:37:83
PB (25m pool): 00:37.83 Ternat 29/03/2026			PB (50m pool): 00:38.79 SB: 00:37.83 Ternat 29/03/2026
	2 5 M	5 0 M	
PB		00:37.83	
		00:37.83	
			

Coach feedback:

Feryn Sprint Cup 26: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 7: 50M BACKSTROKE WOMEN 11+			Heat:4, starttime: 11:18
Heat: 4/6 Lane : 4 Athlete: BOMBAERT MILLA			Q-time: 00:36:80
PB (25m pool): 00:34.60 Liedekerke 11/11/2022			PB (50m pool): 00:39.17 SB: 00:38.71 Temse 21/12/2025
	2 5 M	5 0 M	
PB		00:34.60	
	00:34.60		
			

Coach feedback:

Event number: 7: 50M BACKSTROKE WOMEN 11+			Heat:4, starttime: 11:18
Heat: 4/6 Lane : 5 Athlete: BIESEMANS JANA			Q-time: 00:37:57
PB (25m pool): 00:37.57 Leuven 12/10/2025			PB (50m pool): 00:37.74 SB: 00:37.57 Leuven 12/10/2025
	2 5 M	5 0 M	
PB		00:37.57	
	00:37.57		
			

Coach feedback:

Event number: 7: 50M BACKSTROKE WOMEN 11+			Heat:6, starttime: 11:22
Heat: 6/6 Lane : 2 Athlete: DE BACKER BIRGIT			Q-time: 00:31:75
PB (25m pool): 00:31.75 LEUVEN 23/11/2025			PB (50m pool): 00:33.07 SB: 00:31.75 LEUVEN 23/11/2025
	2 5 M	5 0 M	
PB		00:31.75	
	00:31.75		
			

Coach feedback:

Event number: 7: 50M BACKSTROKE WOMEN 11+			Heat:6, starttime: 11:22
Heat: 6/6 Lane : 6 Athlete: VERROKEN MIRTE			Q-time: 00:33:19
PB (25m pool): 00:32.63 Ternat 26/12/2021			PB (50m pool): 00:35.16 SB: 00:33.19 Leuven 12/10/2025
	2 5 M	5 0 M	
PB		00:32.63	
	00:32.63		
			

Coach feedback:

Feryn Sprint Cup 26: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 8: 50M BACKSTROKE MEN 11+			Heat:1, starttime: 11:23
Heat: 1/7 Lane : 3 Athlete: BLOMMAERTS MATHIS			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 11+			Heat:3, starttime: 11:27
Heat: 3/7 Lane : 3 Athlete: VAN HOUCKE XANDER			Q-time: 00:41:84
PB (25m pool): 00:41.84 Liedekerke 11/11/2025			PB (50m pool): no time SB: 00:41.84 Liedekerke 11/11/2025
	2 5 M	5 0 M	
PB		00:41.84	
	00:41.84		
			

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 11+			Heat:5, starttime: 11:30
Heat: 5/7 Lane : 2 Athlete: TURF SANDER			Q-time: 00:36:26
PB (25m pool): 00:36.26 Hannuit 18/01/2025			PB (50m pool): 00:35.77 SB: no time
	2 5 M	5 0 M	
PB		00:36.26	
	00:36.26		
			

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 11+			Heat:6, starttime: 11:32
Heat: 6/7 Lane : 5 Athlete: DE PEYPER MATS			Q-time: 00:34:13
PB (25m pool): 00:34.13 Leuven 12/10/2025			PB (50m pool): 00:34.41 SB: 00:34.13 Leuven 12/10/2025
	2 5 M	5 0 M	
PB		00:34.13	
	00:34.13		
			

Coach feedback:

Feryn Sprint Cup 26: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 8: 50M BACKSTROKE MEN 11+			Heat:6, starttime: 11:32
Heat: 6/7 Lane : 6 Athlete: VAN HOUCKE QUINTEN			Q-time: 00:34:34
PB (25m pool): 00:34.34 Liedekerke 01/05/2025			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:34.34	
	00:34.34		
			

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 11+			Heat:7, starttime: 11:34
Heat: 7/7 Lane : 1 Athlete: PERSOONS EMIEL			Q-time: 00:32:38
PB (25m pool): 00:32.38 Hannuit 18/01/2025			PB (50m pool): 00:32.81 SB: no time
	2 5 M	5 0 M	
PB		00:32.38	
	00:32.38		
			

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 11+			Heat:7, starttime: 11:34
Heat: 7/7 Lane : 3 Athlete: VOLCKAERT MATTHIAS			Q-time: 00:28:43
PB (25m pool): 00:28.43 Gent 09/11/2025			PB (50m pool): 00:29.73 SB: 00:28.43 Gent 09/11/2025
	2 5 M	5 0 M	
PB		00:28.43	
	00:28.43		
			

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 11+			Heat:7, starttime: 11:34
Heat: 7/7 Lane : 4 Athlete: VERROKEN GERBEN			Q-time: 00:28:92
PB (25m pool): 00:28.92 Kapelle-op-den-Bos 21/04/2025			PB (50m pool): 00:29.64 SB: no time
	2 5 M	5 0 M	
PB		00:28.92	
	00:28.92		
			

Coach feedback: